

**FOR IMMEDIATE RELEASE**

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***Sutter Holds Annual Prostate Cancer Lecture***

**VALLEJO, Calif.**—Prostate cancer is the most common type of cancer found in American men, other than skin cancer. In fact, if you're male and over the age of 50, it's important to take a closer look at the state of your health.

**Staggering Facts of Prostate Cancer**

- 1 in 6 men is diagnosed with prostate cancer during his lifetime.
- Prostate is second only to lung as the leading cause of cancer deaths in men.
- An estimated 186,000 new cases of prostate cancer will occur in the U.S. this year, with the disease affecting more African American men.
- It's estimated that 28,000 of these men will die from the disease.

**Recommended Cancer Screenings**

Edward Levin, M.D., a board-certified urologist, says that there are few symptoms of prostate cancer, so the best ways to find it are yearly rectal exams and PSA tests. Men at higher risk—those with a family history of prostate cancer and African-Americans—should begin annual screenings around age 45. Others should start at age 50.

“We're hearing a lot more about prostate cancer in the media, and while awareness is always good, men also need to be careful of where they get their information,” Dr. Levin says. “The reality is that most patients will have excellent outcomes using standard prostate cancer treatments.”

**Free Community Lecture**

In an effort to educate men about one of the most common types of cancer, Sutter Solano Cancer Center and Sutter Regional Medical Foundation will be offering a Free Prostate

Cancer Lecture at 6:30 p.m. on Thursday, Oct. 16 at the Benicia Yacht Club at 400 East Second St. Free American Cancer Society Cookbooks for the first 20 attendees (1 per family).

For more information on eligibility and registration please contact SSCC at 707-554-5326. Additional resources are also available through the National Prostate Cancer Coalition at [www.fightprostatecancer.org](http://www.fightprostatecancer.org), which provides information on prevention, detection, treatment and prostate cancer fundraising projects.

**About Sutter Regional Medical Foundation and Sutter Solano Medical Center**

*Sutter Regional Medical Foundation (SRMF) operates care centers in Fairfield, Rio Vista, Vacaville and Vallejo. SRMF is affiliated with Solano Regional Medical Group, Solano County's largest multispecialty physician group.*

*Sutter Solano Medical Center (SSMC) is a 102-bed acute care hospital in Vallejo and operates Sutter Solano Cancer Center, a 60,000 square-foot comprehensive cancer center with medical oncology, radiation oncology and infusion therapy.*

*SRMF and SSMC are part of Sutter Health, a not-for-profit network of hospitals, doctors, and nurses who share expertise and resources to advance health care quality.*

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