



DIABETES ACADEMY IS NOW IN SESSION

Free diabetes education!



Diabetes Academy programs are fun, free classes that help you learn the ins and outs of diabetes from Certified Diabetes Educators.

Please join us for one of the following classes!

WHEN?

DATE:	TIME:
TUESDAY, OCTOBER 27, 2009	9 AM – 11 AM
THURSDAY, NOVEMBER 19, 2009	5 PM – 7 PM
TUESDAY, DECEMBER 15, 2009	10 AM – 12 PM

WHERE?

SUTTER SOLANO CANCER CENTER
100 HOSPITAL DRIVE
1ST FLOOR CONFERENCE ROOM
VALLIEO, CA 94589



Each class includes the following subjects:

Diabetes 101: covers the basics, such as diabetes types and risk factors.

Staying Healthy: provides convenient tips for eating healthy and staying active.

Insulin 101: explores the basics of insulin, including Novo Nordisk insulins, and offers live demonstrations of how to use insulin pens.

Resources: attendees receive complimentary take-home information on diabetes care.

Receive a \$25 rebate on your first Novo Nordisk prescription!*

*Eligible attendees only.

SPACE IS LIMITED!

**PLEASE CALL TO RESERVE
YOUR SPOT TODAY!
FAMILY AND FRIENDS ARE
WELCOME TO ATTEND!
(707) 554-5095**



Sutter Solano
Charitable Foundation
Sutter Solano
Medical Center

Sutter Health Affiliates

With You. For Life.

We look forward to seeing you!

Light refreshments will be provided!

Approved and sponsored program of the SSCF Community Committee